



How to upload DNA from 23andMe to FTDNA

To transfer your DNA from 23andMe to FamilyTreeDNA, you must first download it from 23andMe then upload it to FTDNA.

Download your autosomal raw data file from 23andMe

1. Sign In to your 23andMe account
2. Click on your initials (in top right), and from the drop-down menu select 'Settings'.
3. In 23andMe Data section click on 'View'.
4. On the next page, scroll down to the Raw Data section and click on 'Download Raw Data'.
5. Read advice and agree and Click 'Submit'.
6. You will receive an email with instructions to download your DNA within 30 days. On the email click 'Download Raw Data' to download your raw data file. Note where you save the file on your computer (save it, don't open it).

Upload your DNA to FamilyTreeDNA

1. Go to <https://www.familytreedna.com/> and click on 'Upload DNA Data' at the top of the page and select 'Autosomal DNA'
2. On the next page, click on 'Upload your DNA Data for free'
3. On the next page, select the option that applies:
 - ◆ If you have done a Y DNA or a Mitochondrial DNA test you will have an existing account. Follow the onscreen prompts to upload autosomal DNA, but only if you haven't already done that test with FTDNA.
 - ◆ If you are new to FTDNA:
4. Click on create an account and on the next page enter the name of the tester (ie the person whose DNA you are uploading), your email address and indicate if the DNA you are uploading is for a male or female. Click Join today.
5. On the next page, you will be asked to attach the file that you have downloaded from 23andMe.
6. Make sure you also sign the release form.

7. Write down your kit number and your password will be emailed to you. You will need both of these to log on to see your results.
8. You can upload the DNA of multiple people if you manage more than one DNA account but each one must be uploaded under the name of the tester and will be allocated a different kit number and password.
9. Once you have done this you should have results within a few hours.

North of Ireland DNA Project

Once you have results on Family Tree DNA you are welcome to join the North of Ireland DNA Project if you have ancestors from Ulster. To join the project log into your FTDNA account and, without logging out, navigate here: <https://www.familytreedna.com/groups/nifhs/>

Click on 'Join' to join our project, follow the instructions and we will approve you asap. Once approved you will be able to see who you match that also has Northern Irish ancestors and you will also be able to see and partake in our project message board.

