

Uploading to Living DNA

Important: Before uploading your DNA results to Living DNA you will need to have successfully downloaded your raw data DNA file from your DNA testing company.

For instructions on how to download from either MyHeritage, FamilyTreeDNA, 23andMe or Ancestry please see the relevant instructions on the accompanying sheets on how to go about this.

Once you have saved your raw data DNA file to your computer you can upload to Living DNA by taking the following steps:

1. Go here: <https://livingdna.com/uk/free-dna-upload>
2. Click on 'upload your DNA for free today' and you will be invited to either create an account or sign into your existing account (if you already have one). Create an account if you do not already have one.
3. Once you have logged into your account you will see a link to 'upload DNA'. Alternatively if you have already uploaded DNA for someone and are seeking to upload a second kit then on your homepage you will see a link to 'upload more DNA'. Click on this link.
4. You will be asked to confirm if the DNA belongs to you, a dependant or someone else. You also need to give the name of the tester, country of birth, date of birth and biological sex. Please note that even though this is a UK site the date format required is in the American style (month first).
5. Select the file from your computer and upload it. This normally takes only a few seconds.
6. Next you will be invited to join family networks. This is the matching database and is required to see your matches. Click 'Let's go!'.
7. You are requested to choose how you want your profile name to appear on Living DNA and accept the terms and conditions.
8. Your data will then be compared against everyone else in the database. In about 2 weeks' time you will receive an email to say your matches list is ready.