How to upload Family Tree DNA results to My Heritage

The first stage is to download your raw data file from Family Tree DNA to your computer and the second stage is to upload this file to My Heritage.

Downloading your autosomal raw datafile from Family Tree DNA

1. Log in to your Family Tree DNA Account.
2. On the homepage click on 'Data Download' (this can be found in the autosomal DNA section on your homepage)
3. Click on the arrow at the bottom right of the page (called Build 37 Concatenated Raw Data)
4. Click on 'save file'. Make sure you know where you are saving this document as you will need it later.

Uploading to My Heritage

5. Go to https://www.myheritage.com/ and log in if you already have an account. If you cannot remember your password this can be reset.
6. Create an account on My Heritage if you do not already have one. Depending how you do this, it sometimes requires you to record the names of your parents and grandparents.
7. Once you have an account created click on 'family tree' then 'my family tree' - from the menu at the top of the page.
8. Once the tree is open you will see a profile bar open at the left hand side of the screen.
9. Select the person on the tree whose DNA you want to upload. If the person is not already on your tree add them to your tree (in the correct position) before proceeding.
10. On the profile bar of the person whose DNA you want to upload click 'upload DNA data'.
11. Scroll down the page and tick boxes to accept terms and conditions, consent agreement etc.
12. Press 'upload DNA data' button and attach the file you downloaded from FamilyTreeDNA. Remain on the page until you see a message that the upload was successful.
13. You will receive an email from My Heritage in a few days' time to say your results are ready.

If anything goes wrong you can contact one the administrators of the North of Ireland DNA Project for assistance on dna@nifhs.org